

Sermon – Discipleship Challenges for Kingdom Builders #5 God and Sex

This is the sixth in a six part series, which focuses on the different discipleship challenges that Christians face in their lives. This bible study draws from Nick Hudson's sermon on 24/2/2008 and is a series of readings and questions. The questions have some suggested discussion prompts (listed by a series of bullet points) to help the conversation to flow.

If you are using these questions for a weekly session please use all of the questions. For a fortnightly session please only use the questions in highlighted in italics.

Read 1 Thessalonians Ch 4 v 1-8

What does this passage say about sex?

Sex is a good idea

Read Genesis Ch 1 v 28

What is God's command to us?

Sex is for marriage

Read Genesis Ch 2 v 22 – 25

What is God's model for sexual relationships?

Suggested answers:

- Marriage
- Life-long, exclusive relationship.

Sex is natural

Look again at Genesis Ch 2 v 22-25, why does God believe sex is natural?

Suggested answers:

- One flesh

What Genesis also tells us, though, is that the entry of **sin** into the world at the Fall **has affected human sexuality** as much as every area of our lives.

4 Biblical Principles

1. Sex is a powerful force

The illustration is often used of two sheets of paper that have been glued together. You can't pull them apart again without damage to both. Sex effects us at a deep emotional, psychological and indeed spiritual level.

Do you feel that sex is a powerful force?

2. Sex is for a lifetime

Proverbs Ch 5 v 18 – 19

Why should we not deviate from God's model of marriage and sex?

Suggested answers – v20 - 23

3. Sex is essential

1 Corinthians Ch 7 v 1 – 7

Why is sex essential?

Suggested answers – one flesh – back in Genesis.

4. Sex is an act of giving

Ephesians Ch 5 v 21, 22, 25

What are God's commands?

Suggested answers- submit to one another. Husbands love your wives.

Look back at 1 Thessalonians Ch 4 v 1 - 8

V3 – God's will is for you to be holy, so shy away from all sexual sin.

V7 – God has called us to live a holy life

Think about why is sexual impurity wrong?

- *It hurts other people.*
- *It hurts me.*
- *It is a denial of who I am in Christ*
- *It is an offence to a holy God*

Think and pray about ways in which you can stop being tempted by sexual impurity.